



ARTERY Secretariat, c/o The Conference Collective Ltd, 8 Waldegrave Road,  
Teddington, Middlesex TW11 8HT, UK

Tel: +44 (0)20 8977 7997 Email: [artery@conferencecollective.co.uk](mailto:artery@conferencecollective.co.uk)  
[www.arterysociety.org](http://www.arterysociety.org)

Dear Colleague,

Thank you for registering to attend ARTERY 2018 to be held from Thursday 18th to Saturday 20th October 2018 at the Centro Cultural Vila Flor, Guimarães, Portugal.

Please take time to read these instructions in advance of the conference as they provide important information that you need to know about the conference.

If for any reason you can no longer attend, please advise us immediately on +44 (0) 20 8977 7997 or **email** [artery@conferencecollective.co.uk](mailto:artery@conferencecollective.co.uk). At this stage we are unable to offer refunds but substitutions can be made at any time up to Tuesday 16<sup>th</sup> October 2018. If you wish to make a substitution we would request that you advise the Secretariat by this date so that we can ensure we have made appropriate arrangements prior to the start of the conference.

**[The final programme can be downloaded here.](#)**

We look forward to welcoming you to Guimarães.

**Pedro Guimarães Cunha, MD, PhD**  
**Chair, Local Organising Committee of the ARTERY 18 Meeting**  
**Executive Committee of the ARTERY Society**

**Elliott Ross and Lydia Dumont**  
**ARTERY Secretariat**

## CONFERENCE VENUE

### Centro Cultural Vila Flor

Av. Dom Afonso Henriques 701, 4810-431  
Guimarães  
Portugal  
Tel: +351 253 424 700

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## ACCOMMODATION

The Secretariat has secured accommodation at preferential rates in a number of hotels ranging in cost, all within a short distance of the Centro Cultural Vila Flor. For more information [please click here](#).

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## REGISTRATION

The Conference Secretariat will be located at the Registration Desk throughout the conference and will be pleased to assist you with any queries.

### The Registration Desk will be open at the following times:

Thursday 18 October	10.00 - 20.00 hrs
Friday 19 October	08:00 - 18.30 hrs
Saturday 20 October	08.00 - 13.00 hrs

## TRAVEL INFORMATION

### By bus from Porto airport

[GETBUS](#) operates a direct service between Porto Airport and Guimarães, costing €8 each way or €14 return. There are seven or eight buses each way depending on which day of the week. The journey takes 50 minutes.

### By Metro and train from Porto airport

Take the METRO DO PORTO Line E from the Airport to Campanhã station in Porto. Trains run about every 20 minutes for most of the day on weekdays, every 30 minutes at other times including weekends and holidays, from around 6am until just after midnight. That will take about 33 minutes and costs €2.55 – a Z4 (four zone) ticket. More details are available at the METRO DO PORTO [website](#).

At Campanhã, walk round from the Metro station to the main railway station of CP, Portuguese Railways. This will take only a couple of minutes.

From there, local electric trains of the Porto Urbanos network run to Guimarães about once every TWO hours, with extra trains on weekday rush hours. The journey takes about 1 hour and 10 minutes and will cost €3.15. Trains from Guimaraes to Porto start at 0548 on weekdays, 0648 at weekends and holidays, with the last train at 22:48 daily.

Check timetables at the Portugal Railways Official [website](#).

We highly recommend using Uber during your stay as local taxi companies will be far more expensive. Uber is available to download from the App Store or Google Play.

# GENERAL INFORMATION

## ACCREDITATION

Accreditation from The European Board for Accreditation in Cardiology (EBAC) has been approved for CPD. Details of the points awarded will be included on the certificates of attendance and will be available on the website post conference.

## AWARDS AND PRIZES

The Awards Ceremony will take place during the Conference Dinner on Friday 19 October. Prizes will be awarded for Best Young Investigator Presentation, Career Development Lecture and Best Poster.

## BADGES

Name badges must be worn at all times throughout the meeting. For reasons of security delegates not wearing a name badge may be denied access to Scientific Sessions.

## CLOAKROOM

An unmanned cloakroom is available on the Level 1 of the Grand Auditorium Foyer, behind the Registration Desk.

## ENVIRONMENT POLICY

In keeping with Guimarães' policy as a Green European City, we will provide a minimal amount of hard-copy materials during the conference. All important information can be downloaded from the ARTERY website. For the full Conference Programme, Abstract Book and Social Programme please visit: <http://www.arterysociety.org/our-activities/our-conference/>



## EXHIBITION

Please ensure you take time to visit the booths and support the companies exhibiting at ARTERY 18.

## INTERNET ACCESS

Wi-Fi is provided free of charge for all participants. Please visit the registration desk for log in details.

## INSURANCE

ARTERY and the conference organisers are unable to accept any responsibility for damage or loss of personal property during the conference and delegates are advised to ensure that such items are adequately insured. You are also strongly advised to take out adequate travel insurance to cover your attendance at the meeting.

## LUNCH & REFRESHMENTS

Refreshment breaks will be served in the exhibition area (Grand Auditorium Foyer – Level 1). Lunch will be served in the Vila Flor Restaurant on the Lower Level. Lunch will be provided for all participants on Thursday, Friday and Saturday.

## MOBILE/CELL PHONES & ELECTRONIC DEVICES

As a courtesy to speakers and other delegates, please ensure that mobile/cell phones, tablets and other electronic devices are switched to silent during sessions. Filming during sessions is not permitted.

## PHOTOGRAPHY

The Secretariat will be taking photographs throughout the meeting for use on the ARTERY website and in other publications. If you do not wish to be photographed, please let the Secretariat staff know by visiting the Registration Desk.

## POSTER SESSIONS

There are two dedicated poster sessions within the Scientific Programme. The presenting author must be available with their poster for the duration of the session. During the dedicated poster sessions, two chairmen will view and discuss the poster with authors. Delegates are encouraged to join the tour.

### Thursday 18 October – 18.00 – 19.30

Poster Session I: Basic  
Poster Session I: Clinical Aspects  
Poster Session I: Hypertension I  
Poster Session I: Hypertension II  
Poster Session I: Models, Methodologies and Imaging Technology I  
Poster Session I: Interventions  
Poster Session I: Special Populations I  
Poster Session I: Pathophysiology

### Friday 19 October – 13.00 – 14.30

Poster Session II: Brain  
Poster Session II: Epidemiology  
Poster Session II: Hypertension III  
Poster Session II: Hypertension VI  
Poster Session II: Models, Methodologies and Imaging Technology II  
Poster Session II: Diabetes, Obesity and Kidney  
Poster Session II: Special Populations II  
Poster Session II: Other

## Additional Sessions

### SERVIER Symposium

**Arterial stiffness as a risk factor for cerebral vascular lesions**

**Arterial ageing: how to get from EVA to SUPERNOVA**



A symposium organised in collaboration with SERVIER will take place in the main auditorium and will be available for all delegates to attend as follows:

**Date:** Friday 19 October

**Time:** 14:30-15:30 hrs

### Satellite Symposium I (Free of charge event)

**Joint Session: Transcontinental Expert Meeting on Arterial Function**

**Date:** Thursday 18 October 2018

**Time:** 08.15 - 10.40 hrs

**Location:** Room S1 – Old Palace, Centro Cultural Vila Flor

### Satellite Symposium II (Free of charge event)

**3rd Meeting of the Iberian Network on Arterial Structure, Central Hemodynamics and Neurocognition**

**Date:** Saturday 20 October 2018

**Time:** 14.00 - 16.00 hrs

**Location:** Room S1 – Old Palace, Centro Cultural Vila Flor

# Social Programme

## WELCOME RECEPTION

**Date:** Thursday 18 October

**Time:** 19.00 - 20.00

**Location:** Grand Auditorium Foyer – Level 1, Centro Cultural Vila Flor

A great opportunity to catch up with colleagues and old friends and make new acquaintances. Tickets to this event are included in your registration fee.

## PORTUGUESE CULTURAL/GASTRONOMIC EVENT

**Date:** Thursday 18 October

**Time:** 19.30 – 22.00

**Location:** Outdoor Area, Old Palace, Centro Cultural Vila Flor

With support from the Portuguese Tourism Office, we will be providing stalls with delicacies and crafts from all over the country. This event is open to all ARTERY 18 delegates and is free of charge.

## YOUNG INVESTIGATOR NETWORKING EVENING

**Date:** Thursday 18 October

**Time:** 21.00 - 24.00

**Location:** A Medieval - Largo da Oliveira, 4800, Guimarães

**Meeting Point:** Centro Cultural Vila Flor (outside main entrance) for a 10-minute guided walk to A Medieval.

**Meeting Time:** 21:00

A perfect opportunity for new investigators (PhD students, Post-Docs and Clinical Research Fellows) to mingle with their peers in a welcoming, relaxed environment in one of the most beautiful and vibrant squares of the city.

Tickets to this event are free of charge to Young Investigators under the age of 40. Please speak to a member of staff at the Registration Desk who can advise of availability.

## ARTERY18 RUN

**Date:** Friday 19 October

**Time:** 07.00 - 08.00

**Meeting Point:** Centro Cultural Vila Flor (outside main entrance)

Run through the medieval streets of the historic city of Guimarães during ARTERY18. The running route (2.6 km) covers some of the major interest points of the city. Discover all the charms of Guimarães, the birthplace of Portugal.

This is an easy run and is suitable for all levels of fitness. Feel free to walk if you prefer not to run!

We invite you to take photos of the scenic route during the run and upload them to Instagram with **#artery18running**

## CONFERENCE DINNER

**Date:** Friday 19 October

**Time:** 19.30 – late (see below for details of coach service)

**Location:** Pousada Mosteiro de Guimarães - Largo Domingos Leite de Castro, 4810-011, Guimarães

The Pousada Mosteiro Guimarães is an ancient 12th-century Augustinian Monastery built by the First Queen of Portugal, Dona Mafalda. This building is a classified monument of public interest located on the Penha slope with a 9-hectare garden and breath-taking views of the city.

Tickets should be booked and prepaid in advance. If you wish to purchase a ticket please speak to a member of staff at the Registration Desk who can advise about availability.

A coach service will be organised for all dinner guests:

- **Meeting Point: 19.30 - Centro Cultural Vila Flor** (outside main entrance) travelling to Pousada Mosteiro de Guimarães
- **Meeting Point: 22.30 and 23.30 - Pousada Mosteiro de Guimarães** (car park) travelling to the official ARTERY hotels (Hotel de Guimarães and Hotel Fundador)

## **ARTERY OPEN GOLF TOURNAMENT**

**Date:** Saturday 20 October

**Time:** 14.30 (tee off time)

**Location:** Estela Golf Club - Place of the Rio Alto, Stela 4570-242, Povia de Varzim

We invite you to the very first “ARTERY Open” Golf Tournament taking place in the Estela Golf Club immediately after the ARTERY 18 Conference. Estela Golf Club is one of the leading golf courses in Portugal and is located by the River Alto near the town of Povia de Varzim, north of Porto.

After the tournament there will be informal drinks and supper in the Estela Golf Course Restaurant.

**#arterygolf**

For more information and to book your place please email [jbaulmann@yahoo.com](mailto:jbaulmann@yahoo.com)

***The ARTERY Society would like to thank Johannes Baulmann for organising the ARTERY Open Golf Tournament.***