



**Prof Hannele Yki-Järvinen**, Professor of Medicine,  
University of Helsinki

Dr. Hannele Yki-Järvinen, MD, FRCP, is Professor of Medicine at the Department of Medicine, University of Helsinki, Finland. She is a specialist in internal medicine and endocrinology. Her main academic interests are causes and consequences of insulin resistance *in vivo* in humans, especially non-alcoholic fatty liver disease (NAFLD), and application of this knowledge to the practical treatment of type 2 diabetes. These include development of the critical concepts for bedtime/basal insulin therapy. She has published over 200 original articles in English and over 50 reviews and written textbook chapters to textbooks such as the International Textbook of Diabetes Mellitus, the Oxford Textbook of Endocrinology and Diabetes and the Textbook of Diabetes. She has received several international awards including the G. B. *Morgagni* Young Investigator Award, Padova, Italy, the 28th *Minkowski* Award, European Association for the Study of Diabetes, Istanbul, Turkey, the *Anders Jahre Pris*, University of Oslo, Oslo, Norway and *Novartis Award in Diabetes* for excellence in patient-oriented research in San Diego, USA. 2008. She has given many award lectures such as the 16<sup>th</sup> *Servier* Lecture in Manila, Philippines, the first Dr. Augusto D. Litonjua Endowed Lectureship, Manila, Philippines. In 2011, she gave received the Harold Rifkin Visiting Professorship at Albert Einstein College of Medicine, New York, USA. She is currently funded by 2 grants from the European Union.